

This four-year guide is a recommended semester-by-semester plan of study for this major. All four-year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Course Subject and Title	Credit Hours	Min. Grade Required	Included in Major GPA	Important Notes
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Semester One: [15 Credit Hours]

UCO 1200	3			May take in fall or spring first year
Liberal Studies Experience Course 1	3			HS or LS or FA or SS Designation
Gen Ed Quantitative Literacy	4			
Gen Ed Science Inquiry	4			
Gen Ed Wellness Literacy	1			

Semester Two: [16 Credit Hours]

At least 3 hours of 2000-level HIS is required prior to taking a 3000-level HIS course; at least 3 hours of 3000-level HIS courses is required prior to taking a 4000-level HIS course. No more than 15 semester hours from the 2000 level may be used to fulfill History Core Requirements (HIS 2800, Regional History Requirements, History Electives. 1000-level HIS courses are not permitted to count towards History major requirements.

RC 1000	3			May take in fall or spring first year
European, US, Non-western or Global Course 1	3		X	One course from each area (European History, United States History, Non-western History, and Global History) required.
Foreign Language 1010 (or CSD 3368)	3			If test out of this level, take appropriate level (FL 1030 may be option for some languages)
Gen Ed Science Inquiry	4			
Integrative Learning Experience Course 1	3			

Semester Three: [16 Credit Hours]

European, US, Non-western or Global Course 2	3		X	One course from each area (European History, United States History, Non-western History, and Global History) required.
Foreign Language 1020 (or CSD 3370)	3			If test out of this level, take appropriate level or Free Elective if language is complete
RC 2001	3			May take in fall or spring of sophomore year
Gen Ed Wellness Literacy	1			
Liberal Studies Experience Course 2	3			HS or LS or FA or SS Designation
Integrative Learning Experience Course 2	3			HS or LS or FA or SS Designation

Semester Four: [15 Credit Hours]

HIS 2800	3		X	[WID]
European, US, Non-western or Global Course 3	3		X	One course from each area (European History, United States History, Non-western History, and Global History) required.
Foreign Language 1040 (or CSD 3372)	3			If test out of this level, take appropriate level or Free Elective if language is complete (FL 1060 may be an option for some lang)
Minor Course 1	3			
Liberal Studies Experience Course 3	3			HS or LS or FA or SS Designation

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Semester Five: [15 Credit Hours]

Foreign Language 1050 (or CSD 3374)	3			Counts as Liberal Studies Experience Course 4 ; if language complete, take Free Elective
European, US, Non-western or Global Course 4	3		X	One course from each area (European History, United States History, Non-western History, and Global History) required.
History Elective 1	3		X	A total of 18 hours (6 courses) required.
Minor Course 2	3			
Free Elective	3			

Semester Six: [15 Credit Hours]

History Elective 2	3		X	
History Elective 3	3		X	
Minor Course 3	3			
Minor Course 4	3			
Integrative Learning Experience Course 3	3			

Semester Seven: [15 Credit Hours]

HIS 4100	3	C	X	CAPSTONE. Must have 90 sh (senior classification) in order to register. [Honors students may take HIS 4510.] Only 3 hours of HIS 4100 can count in the major
History Elective 4	3		X	
Minor Course 5	3			
Minor Course 6	3			If needed for 18-hour minor; otherwise take Free Elective
Free Elective	3			

Semester Eight: [13 Credit Hours]

History Elective 5	3		X	
History Elective 6	3		X	
Minor Course 7	3			If needed for 21-hour minor; otherwise take Free Elective
Free Elective	3			Minimum of 2 sh of electives outside of the major required.
Free Elective	*1			Take enough Free Electives to reach the minimum 120 required for the degree.

General Requirements Summary

Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
120	44	RC 1000 and RC 2001	2.00	



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All HIS courses and all courses in Major Requirements area on the Program of Study count in the major GPA.

***Some minors require a 2.0 GPA. See Programs of Study for information.**

General Education Program Model - 44 Semester Hours Total		
Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in your major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	
Quantitative Literacy	4	
First Year Writing	3	Can be taken first or second semester of freshman year
Sophomore Writing	3	
Integrative Learning Experience	9	Must choose a minimum of two disciplines
Liberal Studies Experience	12	Must choose a minimum of three disciplines
Science Inquiry	8	
<p>You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.</p>		

Additional Notes:

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- Mixing History and other requirements early in the program is recommended to avoid having to take more than 3 History courses at the same time late in the program.
- Minor outside History required for this degree.
- Foreign language requirement:
 - Student must take the Foreign Language Placement Test to determine starting course for the foreign language sequence.
 - If Foreign Language 1010 & 1020 taken for prerequisite purposes, they will count in place of 6 hours of Free Electives (3 hours per course).
 - FL 1030 may substitute for FL 1010 & 1020 for some languages; FL 1060 may substitute for FL 1040 & 1050 for some languages.
 - Foreign language classes can be taken in summer semesters.



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- Students are required to demonstrate intermediate-level proficiency in a language other than English. Intermediate-level proficiency is demonstrated by successful completion of a 4th-semester language course (FL 1050 or 1060 or CSD 3374). A higher-level language course that requires one of these courses as a prerequisite may also be used to fulfill the requirement.
 - Placement exams are required for several languages. Should a student place higher than the beginning level, any lower-level requirements listed on the four-year guide will need to be replaced with a free elective if needed for total hours for the degree. Please consult with your advisor for more information.
 - **Note: Appalachian's language placement test is designed for placement purposes only, and a score on this test alone is not sufficient to demonstrate intermediate-level proficiency.**
- Residency Requirements:
 - 30 hours overall must be from ASU
 - 18 hours in the major must be from ASU
 - 9 hours in the minor must be from ASU