

This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Course Subject and Title	Credit Hours	Min. Grade Required	Include in Major GPA	Important Notes POS = Program of Study
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Semester One: [16 Credit Hours]				
RC 1000	3			May take in fall or spring semester of first year
Foreign Language 1010 (or CSD 3368)	3			If test out of this level, take appropriate level (FL 1030 may be option for some languages)
Integrative Learning Experience (ILE) Course 1	3			
Gen Ed Science Inquiry	4			
Liberal Studies Experience Course 1	3			HS or LS or FA or SS Designation
Semester Two: [16 Credit Hours]				
UCO 1200	3			May take in fall or spring semester of first year
Foreign Language 1020 (or CSD 3370)	3			If test out of this level, take appropriate level or Free Elective if language is complete
Gen Ed Quantitative Literacy	4			
Gen Ed Science Inquiry	4			
Gen Ed Wellness Literacy	2			Take two PE activities OR one 2-hour wellness course from POS
Semester Three : [14 Credit Hours]				
Foreign Language 1040 (or CSD 3372)	3			If test out of this level, take appropriate level or Free Elective if language is complete (FL 1060 may be an option for some lang)
RC 2001	3			May take fall or spring semester of sophomore year
IDS 2002	2	C	X	Minimum grade C required to take IDS 3003
Liberal Studies Experience Course 2	3			HS or LS or FA or SS Designation
ILE Course 2	3			HS or LS or FA or SS Designation
Semester Four: [15 Credit Hours]				
Foreign Language 1050 (or CSD 3374)	3			Counts as Liberal Studies Experience Course 3 ; if language complete, take Free Elective
Major IDS Elective Course 1	3		X	IDS course at or above 3000 level; Total of 6 hours needed
Self-Designed Contract Course 1	3		X	See Program of Study Contract area for information on contract area; courses must be approved by the advisor (Total of 8 courses - 24 hours) At least 12 hours must be from the 3000 level or above
Self-Designed Contract Course 2	3		X	
Minor Course 1	3			
Semester Five: [15 Credit Hours]				
Liberal Studies Experience Course 4	3			HS or LS or FA or SS Designation
Major IDS Elective Course 2	3		X	IDS course at or above 3000 level; Total of 6 hours needed
IDS 3003	3		X	[WID]
Self-Designed Contract Course 3	3		X	
Minor Course 2	3			



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Semester Six: [15 Credit Hours]

Self-Designed Contract Course 4	3		X	
Major CGG Elective Course 1	3		X	AS/GLS/GWS/HON/IDS/WRC course at or above the 2000 level; Total of 6 hours needed
Minor Course 3	3			
Minor Course 4	3			
Free Elective	3			

Semester Seven: [15 Credit Hours]

Self-Designed Contract Course 5	3		X	
Self-Designed Contract Course 6	3		X	
ILE Course 3	3			
Minor Course 5	3			
Minor Course 6	3			If needed for 18 hour minor; otherwise free elective

Semester Eight: [14 Credit Hours]

IDS 4004	1		X	CAPSTONE;
Self-Designed Contract Course 7	3		X	
Self-Designed Contract Course 8	3		X	
Major CGG Elective Course 2	3		X	AS/GLS/GWS/HON/IDS/WRC course at or above the 2000 level; Total of 6 hours needed
Minor Course 7	4			If needed for 21 hour minor, otherwise free elective; Take enough hours to reach the minimum 120 required for the degree.

General Requirements Summary

Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
120	44	RC 1000 and RC 2001	2.0	2.0



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All IDS courses and all courses in Major Requirements area on Program of Study count in the major GPA.

***Some minors require a 2.0 GPA. See Programs of Study for information.**

General Education Program Model - 44 Semester Hours Total		
Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in your major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	
Quantitative Literacy	4	
First Year Writing	3	Can be taken first or second semester of freshman year
Sophomore Writing	3	
Integrative Learning Experience	9	Must choose a minimum of two disciplines
Liberal Studies Experience	12	Must choose a minimum of three disciplines
Science Inquiry	8	
You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.		

Additional Notes:

- Minor outside Interdisciplinary Studies required for this degree.
- Foreign language requirement:
 - Student must take the Foreign Language Placement Test to determine starting course for the foreign language sequence.
 - If Foreign Language 1010 & 1020 taken for prerequisite purposes, they will count in place of 6 hours of Free Electives (3 hours per course).
 - FL 1030 may substitute for FL 1010 & 1020 for some languages; FL 1060 may substitute for FL 1040 & 1050 for some languages.
 - Foreign language classes can be taken in summer semesters.
- Students are required to demonstrate intermediate-level proficiency in a language other than English. Intermediate-level proficiency is demonstrated by successful completion of a 4th-semester language course (FL 1050 or 1060 or CSD 3374). A higher-level language course that requires one of these courses as a prerequisite may also be used to fulfill the requirement.
 - Placement exams are required for several languages. Should a student place higher than the beginning level, any lower level requirements listed on the four year guide will need to be replaced with a free elective if needed for total hours for the degree. Please consult with your advisor for more information.



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- **Note: Appalachian's language placement test is designed for placement purposes only, and a score on this test alone is not sufficient to demonstrate intermediate-level proficiency.**
- Residency Requirements:
 - 30 hours overall must be from ASU
 - 18 hours in the major must be from ASU
 - 9 hours in the minor must be from ASU
- PROGRAM OF STUDY CONTRACT AREA
 - Must be approved by an advisor
 - At least 12 hour of the focus area must be at or above the 3000 level.
 - At least 1 hour must be experiential education (internship, study abroad, instructional asst., etc.)
- A contract with a list of the approved Program of Study Contract Area courses MUST be filed with the College of Arts & Sciences Dean's Office no later than the end of the first semester of junior year.