

This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade Required	Included in Major GPA	Important Notes POS = Program of Study
--------------------------	--------------	---------------------	-----------------------	---

Semester One: [16 Credit Hours]				
RC 1000	3			May take in fall or spring semester of first year
PSY 1200	3		X	Counts as Liberal Studies Experience Course 1 and SS Designation
Liberal Studies Experience Course 2	3			
Gen Ed Science Inquiry Course	4		X	Will also count in major Science/Math Requirement area on program of study (POS)
Integrative Learning Experience Course 1	3			HS or LS or FA Designation
Semester Two: [15 Credit Hours]				
UCO 1200	3			May take in fall or spring semester of first year
PSY 2200	1		X	
STT 2820	4	C	X	STT 2820 also meets Gen Ed Quantitative Literacy (QL) ; If STT 2820 taken for QL, 4 additional hours of math/science will be required in Science/Math Requirement area
Gen Ed Science Inquiry	4		X	Will also count in major Science/Math Requirement area on POS
Integrative Learning Experience Course 2	3			HS or LS or FA Designation
Semester Three : [16 Credit Hours]				
RC 2001	3			
PSY 3100	4		X	[WID]
Health Studies Concentration Course 1	3		X	Need a total of 21 hours (approximately 7 courses) from the 2000 level or above (1000 level or above in Biology) and from at least two of the departments listed in Health Studies Concentration area on POS; Any course used to meet Gen Ed requirements may not be used in concentration
Liberal Studies Experience Course 3	3			HS or LS or FA Designation
Integrative Learning Experience Course 3	3			
Semester Four: [15-16 Credit Hours]				
Foundations Group Course 1	3		X	Choose one course from each Group in Foundations of Psychological Science area on POS (Groups: Biological, Developmental, Indiv/Group Behavior, Learning & Cognition); Groups may be taken in any order
Foundations Group Course 2	3		X	Choose one course from each Group in Foundations of Psychological Science area on POS (Groups: Biological, Developmental, Indiv/Group Behavior, Learning & Cognition); Groups may be taken in any order
Science/Math Required Course	3-4		X	At least 3 additional hours above Gen Ed Science Literacy and Gen Ed Quantitative Literacy are required for this area. See Science/Math Requirements area on POS for information on courses allowed

This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade Required	Included in Major GPA	Important Notes POS = Program of Study
Health Studies Concentration Course 2	3		X	Need a total of 21 hours (approximately 7 courses) from the 2000 level or above (1000 level or above in Biology) and from at least two of the departments listed in Health Studies Concentration area on POS; Any course used to meet Gen Ed requirements may not be used in concentration
Liberal Studies Experience Course 4	3			
Semester Five: [14 Credit Hours]				
Foundations Group Course 3	3		X	Choose one course from each Group in Foundations of Psychological Science area on POS (Groups: Biological, Developmental, Indiv/Group Behavior, Learning & Cognition); Groups may be taken in any order
Foundations Group Course 4	3		X	Choose one course from each Group in Foundations of Psychological Science area on POS (Groups: Biological, Developmental, Indiv/Group Behavior, Learning & Cognition); Groups may be taken in any order
Health Studies Concentration Course 3	3		X	Need a total of 21 hours (approximately 7 courses) from the 2000 level or above (1000 level or above in Biology) and from at least two of the departments listed in Health Studies Concentration area on POS; Any course used to meet Gen Ed requirements may not be used in concentration
Gen Ed Wellness course	2			If Gen Ed is complete, take Free Elective
Free Elective	3			
Semester Six: [15 Credit Hours]				
Doing Psychology	3		X	Choose from the Doing Psychology Area of your Program of Study. A total of 3 hours are needed in Laboratory courses and/or Research/Fieldwork courses; May be split across semesters
PSY Elective 1	3		X	May not choose PSY 2000 level courses except for PSY 2210; See Psychology Elective Course area on POS for courses allowed.
Applied PSY Course 1	3		X	Choose from courses in Applied Psychology area on POS
Health Studies Concentration Course 4	3		X	Need a total of 21 hours (approximately 7 courses) from the 2000 level or above (1000 level or above in Biology) and from at least two of the departments listed in Health Studies Concentration area on POS; Any course used to meet Gen Ed requirements may not be used in concentration
Free Elective	3			
Semester Seven: [15 Credit Hours]				
Health Studies Concentration Course 5	3		X	Need a total of 21 hours (approximately 7 courses) from the 2000 level or above (1000 level or above in Biology) and from at least two of the departments listed in Health Studies Concentration area on POS; Any course used to meet Gen Ed requirements may not be used in concentration

This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade Required	Included in Major GPA	Important Notes POS = Program of Study
--------------------------	--------------	---------------------	-----------------------	---

PSY Elective 2	3		X	May not choose PSY 2000 level courses except for PSY 2210; See Psychology Elective Course area on POS for courses allowed.
Health Studies Concentration Course 6	3		X	Need a total of 21 hours (approximately 7 courses) from the 2000 level or above (1000 level or above in Biology) and from at least two of the departments listed in Health Studies Concentration area on POS; Any course used to meet Gen Ed requirements may not be used in concentration
Applied PSY Course 2	3		X	Choose from courses in Applied Psychology area on POS
Free Elective	3			

Semester Eight: [13-14 Credit Hours]

PSY 4655 or PSY 4658	3		X	CAPSTONE
Health Studies Concentration Course 7	3		X	Need a total of 21 hours (approximately 7 courses) from the 2000 level or above (1000 level or above in Biology) and from at least two of the departments listed in Health Studies Concentration area on POS; Any course used to meet Gen Ed requirements may not be used in concentration
Science/Math Course 2 OR Free Elective	3-4		X*	If STT 2820 taken for QL, an additional 4 hours of math/science will be required to meet the 15 hours of Science/Math Requirement area on POS; If all Science/Math is complete, take 3 hours of Free Elective; *Course will be used in major GPA if taken as a Science/Math requirement.
Free Elective	3			
Free Elective	1-2*			*Take enough Free Elective hours to reach the minimum 120 hours required for the degree.

General Requirements Summary

Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
120	44	RC 1000 and RC 2001	2.0	2.0

All PSY courses and all courses in Major Requirements area on the Program of Study count in the major GPA.

General Education Program Model - 44 Semester Hours Total

Program Categories	Hours	Important Notes – Be sure to check for Gen Ed courses required in your major
First Year Seminar	3	Can be taken first or second semester of freshman year



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade Required	Included in Major GPA	Important Notes POS = Program of Study
--------------------------	--------------	---------------------	-----------------------	---

Wellness Literacy	2		
Quantitative Literacy	4		
First Year Writing	3		Can be taken first or second semester of freshman year
Sophomore Writing	3		
Integrative Learning Experience	9		Must choose a minimum of two disciplines
Liberal Studies Experience	12		Must choose a minimum of three disciplines
Science Inquiry	8		

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

Additional Notes:

- Please consult with your advisor to ensure you will complete the appropriate number of free electives as needed to reach the 120 total hours required for your degree.
- Residency Requirements:
 - 30 hours must be from ASU
 - 18 hours in the major must be from ASU
 - 9 hours in the minor must be from ASU